

HOW TO ACCESS SERVICES AT COMPASS







CHILD + YOUTH

MENTAL HEALTH & DEVELOPMENTAL SERVICES







Improving pathways for children, youth and families to access services at Compass

Effective **April 15, 2024**, children and youth can now self-refer for services directly through our website. It is also easier for community service providers, medical professionals and educators, to get support for their clients with just a few clicks of the mouse.



What is Intake?

Intake services at Compass are a collaborative process which support access to the right services at the right time. This involves a meeting with a Clinician who will gather information to better understand a client's needs and map out the next steps. Intake is not a counselling service, but an access point to a wide variety of Compass programs, including groups, counselling and therapy and intensive services.

How does it work?

Doctors, nurses, healthcare workers, schools and community partners can refer to Compass through our website or through Oceans e-referral.

Clients will receive an email of the referral and will be able to book their own intake session online. Please remind clients to check their email after the referral is submitted.

Clients can now:

- ✓ Book their session at a time that works for them.
- ✓ Book by phone or through our website
- Select English, French, virtual, phone or in-person intakes
- ← Call to book an appointment outside regular hours if they cannot find a time that works for them.

If clients need to talk to a Clinician for a single session please refer them to our walk-in programs mind-SPACE and Sudbury Youth Wellness Hub or our virtual OneStopTalk program. More information about these programs is available on our website.

Questions?

Email contactus@compassne.ca or call 1.800.815.7126.